



Division of East Carolina Anesthesia Associates, PLLC

ECPC Pain Specialists
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ECPC Pain Specialists complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

NEW PATIENT EVALUATION

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_
First MI Last Date of Birth

Who referred you: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_

Pharmacy name and telephone number: \_\_\_\_\_

Have you been seen at any other pain clinics? [ ] Yes [ ] No Where? \_\_\_\_\_

When? \_\_\_\_\_ Have you ever signed an opioid agreement? [ ] Yes [ ] No

1. If you are a Female, please tell us your pregnancy status:
[ ] Hysterectomy [ ] Post-Menopausal [ ] No Contraception Birth [ ] Birth Control Medication
[ ] Other Contraception

2. When did your pain first begin, month and year: \_\_\_\_\_

3. What is the main cause of your pain?
[ ] Unknown [ ] Normal Aging [ ] Fall [ ] Sporting Accident
[ ] Motor Vehicle Accident [ ] Work Injury

4. What is the frequency of your pain?
[ ] Constant [ ] Fluctuating, but always present [ ] Fluctuating, but usually present [ ] Fluctuating, but rarely present

5. What best describes your pain? Choose one or more:
[ ] Aching [ ] Burning [ ] Cramping [ ] Dull
[ ] Numb [ ] Sharp [ ] Stabbing [ ] Stinging
[ ] Throbbing [ ] Tingling

6. What is your pain level most of the time:
[ ] 0-No Pain [ ] 1 [ ] 2 [ ] 3 [ ] 4 [ ] 5 [ ] 6 [ ] 7 [ ] 8 [ ] 9 [ ] 10-Severe Pain

7. What makes your pain worse? Choose one or more:
[ ] Nothing [ ] From sitting to standing [ ] Lying on side [ ] Lifting or carrying heavy loads
[ ] Bending or stooping [ ] Sitting [ ] Lying on back [ ] Lifting or carrying small loads
[ ] Standing [ ] Walking

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_\_

8. What makes your pain better? Choose one or more:

- Lying on side       Lying on back       Sitting       Standing  
 Walking       Stretching       Exercise       Nothing

9. What does your pain interfere with? Choose one or more:

- Daily Chores       Employment       Exercise       Grooming  
 House Chores       Mood       Sleep       Relationships  
 Walking       Nothing

10. Have you had any of the following Imaging/Tests to assist in the evaluation of your pain:

- MRI    Yes    No   CT-Scan    Yes    No   Xray    Yes    No   EMG/Nerve Study    Yes    No

11. Have you had any of the following to assist in the evaluation of your pain? Choose one or more:

- Blood work related to pain syndrome       Bone Scan       Vascular Studies  
 Drug Screening       Bone Density       Functional Capacity Exam  
 Depression Screening

12. Have you had any of the following injections to assist with the treatment of your pain? Choose one or more:

- Spinal       Joint       Muscle       None

13. Have you received any of the following related to your pain:

- Back Brace       Neck Brace       Tens Unit       None

14. Have you had any of the following surgeries:

- Low Back       Mid Back       Neck       Hip  
 Knee       Shoulder       None

15. Have you tried any of the following therapies:

- Physical       Chiropractic       Aqua       None  
Date \_\_\_\_\_      Date \_\_\_\_\_      Date \_\_\_\_\_  
Location \_\_\_\_\_      Location \_\_\_\_\_      Location \_\_\_\_\_

16. Have you had any of the following to assist you with your pain:

- Spinal Cord Stimulation       Spinal Traction       Cane       Walker  
 Exercise       Weight Loss       Intrathecal Pain Pump       None

17. Have you tried any of the Anti Inflammatory Medications below:

- None Tried
- |             |                                  |                                      |               |                                  |                                      |
|-------------|----------------------------------|--------------------------------------|---------------|----------------------------------|--------------------------------------|
| Aspirin:    | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Indomethacin: | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Celebrex®:  | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Ketoprofen:   | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Diclofenac: | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Mobic®:       | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Daypro®:    | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Naproxen:     | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Duexis®:    | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Relafen®:     | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Etodalac:   | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Toradol®:     | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Prednisone: | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Tylenol®:     | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_\_

18. Have you tried any of the muscle relaxer medications below:

None tried

- |                  |                                  |                                      |             |                                  |                                      |
|------------------|----------------------------------|--------------------------------------|-------------|----------------------------------|--------------------------------------|
| Baclofen:        | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Norflex™:   | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Cyclobenzaprine: | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Parafon®:   | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Carisoprodol:    | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Skelaxin®:  | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Diazepam:        | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Tizanidine: | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Methocarbamol:   | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |             |                                  |                                      |

19. Have you tried any of the narcotic medications below:

None tried

- |              |                                  |                                      |              |                                  |                                      |
|--------------|----------------------------------|--------------------------------------|--------------|----------------------------------|--------------------------------------|
| Avinza:      | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Oxycontin®:  | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Codeine:     | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Oxycodone:   | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Duragesic®:  | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | MS IR®:      | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Dilaudid®:   | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Methadone:   | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Hydrocodone: | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Morphine ER: | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Kadian®:     | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Tramadol:    | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Opana®:      | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |              |                                  |                                      |

20. Have you tried any of the following "other" medications below:

None tried

- |                  |                                  |                                      |             |                                  |                                      |
|------------------|----------------------------------|--------------------------------------|-------------|----------------------------------|--------------------------------------|
| Cymbalta®:       | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Lyrica®:    | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Clonidine:       | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Neurontin®: | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Elavil®:         | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Savella®:   | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Keppra®:         | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Topamax®:   | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Klonopin®:       | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Trileptal®: | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Lidoderm Patch®: | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Zonegran®:  | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |
| Horizant®:       | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful | Requip™:    | <input type="checkbox"/> Helpful | <input type="checkbox"/> Not Helpful |

21. Have you tried any Over-the-Counter Medications such as BioFreeze® or IcyHot®?

Yes  No

22. Have you tried any prescription creams such as EMLA Cream™ or Voltaren Gel®?

Yes  No

23. Have you tried a compound pain cream or scar cream?

Yes  No

24. Allergies:  Yes  No

List Allergies: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_\_

25. Past Medical History (check all that apply):

- |   |  |   |  |
|---|--|---|--|
| <input type="checkbox"/> Migraine headaches | <input type="checkbox"/> High blood pressure     | <input type="checkbox"/> Emphysema                | <input type="checkbox"/> Cirrhosis           |
| <input type="checkbox"/> Kidney disorder    | <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Head Injury              | <input type="checkbox"/> High cholesterol    |
| <input type="checkbox"/> Asthma             | <input type="checkbox"/> Hepatitis               | <input type="checkbox"/> Fibromyalgia             | <input type="checkbox"/> Depression          |
| <input type="checkbox"/> Stroke             | <input type="checkbox"/> Coronary artery disease | <input type="checkbox"/> Sleep Apnea              | <input type="checkbox"/> Gallbladder disease |
| <input type="checkbox"/> Osteoporosis       | <input type="checkbox"/> Anxiety                 | <input type="checkbox"/> Seizures                 | <input type="checkbox"/> Heart Attack        |
| <input type="checkbox"/> Hiatal Hernia      | <input type="checkbox"/> Pancreatitis            | <input type="checkbox"/> Spine Disorder           | <input type="checkbox"/> Alcoholism          |
| <input type="checkbox"/> Addiction          | <input type="checkbox"/> Reflux                  | <input type="checkbox"/> Multiple Sclerosis       | <input type="checkbox"/> Heart Arrhythmia    |
| <input type="checkbox"/> Diabetes           | <input type="checkbox"/> Arthritis OA/RA         | <input type="checkbox"/> Peripheral Nerve disease | <input type="checkbox"/> HIV                 |
| <input type="checkbox"/> Ulcers             | <input type="checkbox"/> Bowel Disease           | <input type="checkbox"/> Muscle disorder          |  |

26. Past Surgical History: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

27. Family Medical History (check all that apply):

- |   |  |   |  |
|---|--|---|--|
| <input type="checkbox"/> Migraine headaches | <input type="checkbox"/> High blood pressure     | <input type="checkbox"/> Emphysema                | <input type="checkbox"/> Cirrhosis           |
| <input type="checkbox"/> Kidney disorder    | <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Head Injury              | <input type="checkbox"/> High cholesterol    |
| <input type="checkbox"/> Asthma             | <input type="checkbox"/> Hepatitis               | <input type="checkbox"/> Fibromyalgia             | <input type="checkbox"/> Depression          |
| <input type="checkbox"/> Stroke             | <input type="checkbox"/> Coronary artery disease | <input type="checkbox"/> Sleep Apnea              | <input type="checkbox"/> Gallbladder disease |
| <input type="checkbox"/> Osteoporosis       | <input type="checkbox"/> Anxiety                 | <input type="checkbox"/> Seizures                 | <input type="checkbox"/> Heart Attack        |
| <input type="checkbox"/> Hiatal Hernia      | <input type="checkbox"/> Pancreatitis            | <input type="checkbox"/> Spine Disorder           | <input type="checkbox"/> Alcoholism          |
| <input type="checkbox"/> Addiction          | <input type="checkbox"/> Reflux                  | <input type="checkbox"/> Multiple Sclerosis       | <input type="checkbox"/> Heart Arrhythmia    |
| <input type="checkbox"/> Diabetes           | <input type="checkbox"/> Arthritis OA/RA         | <input type="checkbox"/> Peripheral Nerve disease | <input type="checkbox"/> Ulcers              |
| <input type="checkbox"/> Bowel Disease      | <input type="checkbox"/> Muscle disorder         |   |  |

28. What is your marital status:

- Sing                       Married                       Separated                       Divorced                       Widowed

29. Who resides in your home and/or assists you if needed:

- Alone                       Spouse                       Children                       Parents
- Skilled Nursing Facility/Hospice House, what is the name of it: \_\_\_\_\_

30. Smoking Status:

- Every day smoker                       Occasional smoker                       Former smoker                       Non-smoker

31. Alcohol Use:

- None                       Rarely                       Occasionally                       Regularly

32. Do you use street drugs:

- Yes                       No

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_\_

33. Preventative Medicine: Falls Risk Screening: **IF YOU ARE 65 OR OLDER PLEASE CHECK ALL THAT APPLY**

- No falls in the past year
- One fall with injury in the past year
- One fall without injury in the past year
- Two or more falls with injury in the past year
- Two or more falls without injury in the past year

34. Review of systems (Mark all that apply):

**General**

- Weight loss
- Weight gain
- Fever
- Night sweats
- Fatigue
- Many infections

**HEENT**

- Headache
- Facial pain
- Sinusitis
- Loss of vision
- Hearing loss
- Teeth/Gum problems

**Respiratory**

- Chronic cough
- Wheezing
- Shortness of breath
- Sleep Apnea
- Home oxygen use
- C-Pap

**Cardiology**

- Chest pain
- Murmur
- Congestive failure
- Abnormal EKG
- High Blood Pressure

**GI**

- Appetite loss
- Chronic Anemia
- Heartburn
- Constipation
- Testicular pain
- Diarrhea

**Genitourinary**

- Painful urination
- Blood in urine
- Bladder control loss
- Enlarged prostate

**Endocrine/Hemat**

- Abnormal blood sugars
- Easy bruising/bleeding
- Dizziness
- Thyroid Problems

**Musculoskeletal**

- Joint pain
- Muscle spasm
- Neck pain
- Back pain
- Carpel Tunnel
- Gout
- Swollen Joints

**Neurology**

- Drowsiness
- Dizziness
- Blackouts
- Tremors
- Numbness
- Memory Loss
- Balance Difficulty

**Psychiatric**

- Panic Attack/Anxiety
- Insomnia
- Depression

**Vascular**

- Poor circulation
- Current blood clot
- Swelling in legs

**Skin**

- Rash

35. List all medications you are currently taking: \_\_\_\_\_

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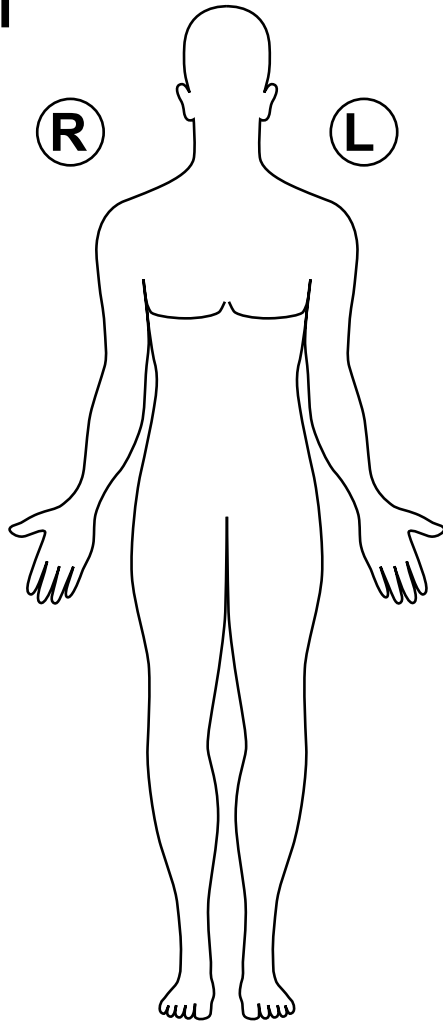
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On the diagram below, shade in the areas where you feel pain. Put an 'X' on the area that hurts the most. Draw a line if the pain moves from one area to another area.

**FRONT**



**BACK**

