



Division of East Carolina Anesthesia Associates, PLLC

Kyphoplasty For **Vertebral Compression Fractures**



If you suffer from spinal fractures, we now offer

Kyphoplasty

to reduce or eliminate back pain.

Spinal Fractures' Relief

Now Offering Kyphoplasty for Vertebral Fractures

ECPC Pain Specialists is now offering a new procedure for those individuals suffering from vertebral compression fractures. Kyphoplasty is minimally invasive and can be performed under local or general anesthesia.

During the procedure, a balloon catheter is inserted into the vertebra, and inflated using pressurized liquid. This helps to restore the collapse in the vertebrae. Once maximum inflation has been met, the balloon is deflated and removed. The resulting cavity is filled with bone cement, which hardens in about 10 minutes. The procedure normally takes between 30 and 45 minutes to perform.

Kyphoplasty achieves three main goals:

- Prevents further collapse of the fracture(s), thereby avoiding an increase in progression or spinal deformity
- Improves the patient's posture by restoring normal spinal alignment
- Reduces or eliminates back pain

You can consider Kyphoplasty as an option for your patients who have **significant back pain** and **deformity** resulting from **compression fractures**, due to weakened bone structure (including low bone density, osteopenia and osteoporosis).

Among younger patients who may benefit from Kyphoplasty are those who have the conditions of multiple myeloma, lymphoma, kidney disease and metastatic carcinoma. Additionally, certain medications, such as steroids, can weaken the bones, causing spinal compression fractures from minor falls, bending or twisting actions.

Please call our office at **252-674-1851** to schedule a referral appointment today with Drs. Aaron Carter or Juan Firnhaber in our Wilson office.

Se habla español

ECPC Pain Specialists complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-252-674-1851.

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-252-674-1851。

