



Division of East Carolina Anesthesia Associates, PLLC

Minimally Invasive Lumbar Decompression



If you suffer from Lumbar Spinal Stenosis

MILD may be the most effective treatment.

Chronic Low Back, Leg and Buttock Pain Relief

Now Offering Minimally Invasive Lumbar Decompression Treatment

Through the normal aging process, wear and tear on the spine can cause thickening of ligament tissue, bulging discs and compression, which can all contribute to the narrowing of the spinal canal. Minimally Invasive Lumbar Decompression (MILD) treats Lumbar Spinal Stenosis caused by excess ligament tissue. It is a quick outpatient procedure, performed through a tiny incision. MILD requires no anesthesia or stitches and is a safe FDA-cleared procedure. MILD is for patients experiencing pain or numbness in their lower back, legs or buttocks when standing or walking.

Benefits of Minimally Invasive Lumbar Decompression Treatment:

- Non-invasive
- Significant pain relief
- Safe, effective treatment
- Increased mobility

Excess ligament and small pieces of bone are removed through the tiny incision point in the back. Through the use of an imaging machine, physicians are able to treat the cause of the narrowing canal. The treatment reduces the compression of nerves, which alleviate pain and restoring mobility.

As an outpatient procedure, MILD is performed in less than one hour. Patients should be able to resume normal activities within a few short days.

ECPC Pain Specialists is now accepting referrals for patients who may benefit from receiving MILD for those individuals that suffer from chronic pain or numbness in the low back, legs and buttocks.



Please call our office to schedule a referral appointment today.

www.ECPC1.com

ECPC Pain Specialists complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-252-847-0601.

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-252-847-0601